



Ohain, 26 April 2026

Schedule Endurance Clinic Croatia

Day 1 / June 08, Monday

Morning

- Introduction speech
- Making contact
 - Riders
 - Horses
- Work in arena
 - Trotting presentation
 - Mounted work in small groups
 - Warm-up in three gaits
 - Flexibly and 2-tracks exercises
 - Emphasis on a calm, regular, and symmetrical canter
 - Analysis of strengths/weaknesses of each
 - Possibly personalized review

Afternoon

- Walking warm up
- Canter and galop work on an appropriated ring
 - 100 strides per minute technique
 - Accelerations and relays
 - Relaxation at a gallop
- Relaxation at the trot and at the walk

Evening

- General Power Point theoretical presentation
 - Choice of the horse, daily management, feed, material, training, ...

Day 2 / June 09, Tuesday

Morning

- Work in arena (idem day 1)
- Interval training in up and down and/or flat ground

Afternoon

- Canter and galop (repetition and optimization of day 1)
- Meeting and debriefing